



Implementation of the guidelines, including (among other things):

- contact tracing & screening
- physical distancing
- wearing masks or face coverings
- cleaning and disinfecting surfaces and objects
- wearing personal protective equipment

The Clean Order issued on November 15, 2020, contains and supplements the measures set out in the [Health Protection Act](#) and the [Health Protection Regulations](#).

The [Health Protection Act](#) is a law that sets out the framework for public health and the [Health Protection Regulations](#) are rules that provide more detail on how to implement the law.

Staff Contact: \_\_\_\_\_  
 Contact Email: \_\_\_\_\_

For all other information, please contact the following:

**Public Health - 24/7 Support: 1-800-267-8888**

- We are providing 24/7 support for all inquiries related to the Health Protection Act and the Health Protection Regulations.
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### MASK OR FACE COVERING REQUIRED

COVID-19 spreads through the air. Wearing a mask or face covering helps reduce the risk of spreading the virus.

### COVID-19 SELF-ASSESSMENT

Before entering, please assess yourself!

Do you have any new or worsening symptoms of COVID-19?

**COMMON SYMPTOMS OF COVID-19 INCLUDE:**

- Fever
- Cough
- Sore throat

**OTHER SYMPTOMS OF COVID-19 CAN INCLUDE:**

- Loss of taste or smell
- Fatigue
- Headache
- Muscle aches
- Diarrhea
- Conjunctivitis (red eyes)
- Skin rash
- Swollen lymph nodes
- Temporary loss of hair

In the last 14 days, have you, your child or other caregivers:

- Had a fever?
- Had a cough or sore throat?
- Had a loss of taste or smell?
- Had any other symptoms?

**STAY INFORMED:**

Visit [www.healthycanada.ca](#) for more information.

### YOUTH FOOTBALL

Return To Play Form

Player Name: \_\_\_\_\_  
 Team: \_\_\_\_\_  
 Date: \_\_\_\_\_

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